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COUNTY SUPPLIES
HARD FRESH HARD DELIVERED



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FRUIT AND VEGETABLE

MARKET REPORT



8TH OCTOBER 2019

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

8TH OCTOBER 2019

- The Autumn brings a pleasant change to your menu, the Game season is now underway bringing a welcome change, so we have all the seasonal delights to accompany them. **French Fresh Chestnuts, Cranberries & Redcurrants.** The **Pumpkin & Squash** season is now upon us too from **Onion, Turban, Iron Bark, Kabocha, Acorn to Baby Pumpkins** & your regular **Halloween Pumpkin.** **Brussels Sprouts & Tops** are now readily available, so too is the selection of **Brassicas: English Green, Variegated & Purple Curly Kale, Black Cabbage & Purple Sprouting Broccoli** and they're all good quality. **English Cauliflowers** are getting easier in price and **English Broccoli** is reasonable too. **Plum Vine & Yellow Cherry Tomatoes** are very expensive now. **English Lollo Rosso & Oakleaf** is coming to an end and when we switch to continental Lettuces, they will get dearer. **English Runner Beans** are also all but finished but there is string less **Flat Beans** available.
- Easy Peelers are to change from **Nardorcotts** to **Clementine's** and **Leafy Clementines** are available too. **European Peaches & Nectarines** are past they're best and very hit and miss now in quality. The **Turkish Figs** that have been reasonably priced of late are now about to get dearer as supplies dry up. **English Russet, Gala, Early Windsor & Gala Apples** are very good. **English Raspberries** are still available, but the bulk of the **Strawberries** are now Dutch/Belgium. The supplies of **European Melons** coming through now are also much tighter now that the season is ending, and prices are rising daily. **Dutch Indoor Rhubarb** has started but it is very thin and not worth the higher price tag yet. **Limes** are reasonable but **Lemons** have jumped in price and are likely to get dearer.



PRODUCE

SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

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