



FRUIT AND VEGETABLE

# MARKET REPORT

JUNE 2021

EST.



2005

# COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

JUNE 2021

- Well, doesn't a good dose of British sunshine help!

As diners start to enjoy al-fresco dining, we couldn't be happier by the quality of British & European produce that's available right now.

With a special shout out to the Limelon - ***The Express* called it 'the taste of summer'**. This exciting hybrid fruit tastes like a juicy melon with a hint of lime. It's great served on its own, in a salad, or just topped with yoghurt.

## BEST OF



### VEGETABLES

- Asparagus, Portwood Farm, UK
- Jersey mids-ware-pearls, Jersey
- Globe artichokes, Spain & Italy
- Tropea onions, Calabria, Italy
- Bunched baby vegetables, UK
- New season garlic, France
- Hispi cabbage, UK
- Cavalo Nero cabbage, UK
- Tokoyo turnips, Italy
- Monks Beard (Aggretti), Italy
- Almonds, Italy
- Peas, Italy & France



### FRUIT

- Cherries, Spain
- Apricots, Italy
- Strawberries, Fiveways Farm, UK
- Gariguetta strawberries, France
- Fraises de Bois, France
- Zebinati melon, Italy
- Limelon, Spain



### SALAD

- Tomatoes Vesuvios, Italy
- Borage flowers, Kent, UK
- Italian basil, Genoa, Italy
- Rockets flowers, UK
- Rainbow radish, France
- Chive flowers, UK

## ARRIVING AND DEPARTING



### ARRIVING

- Courgette en Fleur, Kent, UK
- Cherries, Kent, UK
- Courgette En Fleur, Kent, UK
- Flat peaches, Italy & Spain
- Rocket flowers, UK



### DEPARTING

- Wild garlic
- British beets & roots  
(European crop available)
- Italian bitters

## WILD FOODS



- Wild fennel
- Nettle
- Douglas fir
- Sea aster
- Garlic scapes
- Garlic capers,
- Black mustard
- Wild celery
- Chickweed
- Sorrel

## JUNE TOP INSIGHTS



- African produce is up in price due to bad weather combined with a shortage of flights.
- Avocados are more available this month as the Suez Canal situation goes back to normal.
- English Kale/Baby gem/Pousse are all still substandard although they should improve now that the summer weather has finally arrived.



## COUNTY NEWS

- County Supplies is proud to be supplying the **England International Football Team** at their training camp for this year's **EUROPEAN CHAMPIONSHIPS...** this could be our year, 'Come on England'!
- We are about to partner with an exciting new Kent grower, **Cherry Tree Farm**. They will be supplying us with delicious baby mixed leaf, courgette flowers, edible flowers, courgette en fleur and winter squash.
- And, we're delighted to announce that **Liam Kelly has joined the County Supplies family**. Liam worked at BaxterStorey for over 10 years -where he was a County Supplies customer- and has spent the last 5 years supplying some of London's finest restaurants with fruit and vegetables. **He'll soon be sharing his expert knowledge and passion for food!**



The England team line up for the national anthem against Iceland. (GETty)





# PRODUCE

## SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

[COUNTYSUPPLIES.COM](https://countysupplies.com)

