



EST.  2005

FRUIT AND VEGETABLE
MARKET REPORT



AUGUST 2021

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

AUGUST 2021

■ Hello,

It almost feels like life is back to normal. The warehouse is fully stocked, the team is busier than ever and our CS vans are back on the road.

We're so happy to supplying event and contract caterers again, and we've welcomed several new customers, including a three Michelin star restaurant & a film location company, to the CS family this month.

Now we just need the rain to stop. 🌧️

■ **BEST OF**



VEGETABLES

- Baby vegetables bunched, Colchester
- Kohlrabi, Portwood Farm, Attleborough
- Broad beans, English
- Runner beans, English
- Hispi cabbage, English
- Watercress, English
- Borlotti beans, Italian
- Paris silver skin onions, French
- New season garlic, French
- Coco beans, French
- Girolle mushrooms, Scottish



FRUIT

- Strawberries, Fiveways Farm, Colchester
- Raspberries, English
- Gooseberries red & green, English
- Cherries, English & Spanish
- Blood nectarines, Spanish
- White peaches, Spanish
- Watermelon, Spanish
- Gariguette strawberries, French
- Zebinati melon, Italian
- Blood peaches, Italian, Spanish & French
- Apricots, Italian & Spanish



SALAD

- Red baby gem, English
- Rainbow radish, English
- Rocket flowers, English/French
- Vesuvio tomatoes, Italian
- Rocket, Italian
- Italian basil, Genoa

ARRIVING AND DEPARTING



ARRIVING

- Cobnuts, English
- Sloes, English,
- Corn on the cob, English
- Summer squash, English
- Lovage, English
- Marrows, English
- Greengages, French
- Charlotte potatoes, French
- Muscat grapes, Italian
- Mirabelle plums, French



DEPARTING

- Jersey mids-ware-pearls, Jersey
- Almonds
- Peas

WILD FOODS



FROM THE SEA

- Sea purslane
- Sea aster
- Marsh samphire
- Kelp
- Kombu

WILD MUSHROOM

- Girolle
- Australian truffles
- European summer truffles

FORRAGED

- Black mustard
- Wild celery
- Chickweed
- Fig leaves
- Sorrel

AUGUST TOP INSIGHTS



- Oyster mushrooms have been in short supply due to the temperatures in Poland hitting 38.2°C but thankfully temperatures are now falling, and supply is improving.
- Due to issues in hiring pickers and temporary staff, English cherry season has been disappointing.
- We highly recommend Fiveways Farm raspberries, they are absolutely delicious and in stock.
- English cabbages and kale are now in full swing and are great quality.
- Passion fruit prices have levelled out along with supply.



PRODUCE

SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

[COUNTYSUPPLIES.COM](https://countysupplies.com)

