



# COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

MARCH 2022

#### Hello,

After a stormy February supply from overseas has been affected. Pineapples and watermelons are in short supply -thanks to a number of ships getting stuck out at seahowever, we should see supply resume pretty soon.

And it's great to see the start of English wild garlic season with Jersey Royals & Mids expected to arrive very soon.

# **Happy March!**

# **BEST OF**



#### **VEGETABLES**

- Jerusalem artichokes, Doddington Farm, Lincolnshire
- Purple sprouting broccoli, Pensham Fields, Worcestershire
- White spouting broccoli, Pensham Fields,
   Worcestershire
- · Savoy cabbage, Solitaire, Bedfordshire
- Purple & green kale, Wilkinson's, Lancashire
- · Spring greens, Bank House, Derby
- Golden, candy & red beetroot, Royal Oak Farm, Ormskirk
- Jersey Royals & Mids, Jersey
- · Purple & red meat radish, French & Belgium
- · Baby artichokes, Spanish

- · White & green asparagus, French
- Monk's beard, Italian
- · Swiss chard, French
- Tokyo turnips, Italian
- Golden turnips, French
- · Cavolo Nero, Italian
- · Celeriac, French & Belgium
- · Kohlrabi, Dutch
- · Salsify, French
- · Puntarelle, Italian

#### BEST OF



# **FRUIT**

- Forced rhubarb, Lawns Lane farm, Yorkshire
- · Kent mangoes, Brazil
- · Blood oranges, Italian
- · Pomegranates, Peru

- · Pomelo, Asian
- Nardicot, Portuguese
- · Gariguette strawberries, Portuguese
- · Passe-crassane pears, French



#### SALAD

- Castelfranco, Italian
- · Friseline, Italian
- Tardivo, Italian
- Batavia, Italian
- · Radicchio, Italian
- · Rose radicchio, Italian
- · Salanova lettuce, Spanish

#### ARRIVING AND DEPARTING



# **ARRIVING**

- · Sea kale, Scottish
- · Wild garlic, English
- · Yellow beans, Italian
- Monk's beard, Italian



# **DEPARTING**

- · Comice pears, French
- January king cabbage, English
- · Cox apples, English
- · Lychees, Chinese
- Seville oranges, Spanish
- · Conference pears, English

# WILD FOODS



#### FROM THE SEA

- Three corner garlic
- · Douglas fir
- · Scot's pine
- · Juniper branches
- Fresh sea weeds

#### **FORRAGED**

Winter truffle

#### **WILD MUSHROOM**

- · Swiss Pied De Mouton
- Girolles
- · Grey leg chanterelle
- Scarlet elf cup (limited availability)
- · Cultivated morels

# MARCH TOP INSIGHTS



- We're delighted to partner with Crate to Plate, a London hydroponic farm growing micro greens, lettuces, and salads leaves. Using ZERO carbon and 95% less water than traditional farming, they grow amazing products that are harvested just before delivery.
- We are now stocking Acai berry (fair Trade), which tastes somewhere in between mixed berries, dark chocolate, and red wine. This super food can be used in smoothies, fruit bowls & baked goods.

# COUNTY NEWS





We're proud to achieve our

10th AA grade BRC certification in storage and distribution.



# PRODUCE SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve their flavour and delicate quality for longer.

COUNTYSUPPLIES.COM



