



EST.  2005

FRUIT AND VEGETABLE

MARKET REPORT

07
22

JULY 2022

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

JULY 2022

- We're loving the warmer weather right now, and hopefully BBQ and salad season is here to stay. **So, to get you started, this month we've got some juicy heritage tomatoes, tasty burrata and fresh English salads.**

Wishing you all a fantastic summer!

Best,



BEST OF



VEGETABLES

- Bunched baby vegetables, Ardleigh, English
- Broccoli, English
- Bobby beans, Wye Valley, English
- Cabbages, Francis Farm, English
- Peas in pod, Witton, English
- Borlotti beans, Italian
- Striped courgettes, Italian
- Trombetta courgettes, Italian
- New season garlic, French
- Peas, Manor Farm, English
- Watercress, English



FRUIT

- Almonds, French
- Apricots, Italian & Spanish
- Blackberries, Hugh Lowe Farm, English
- Cherries, Piper Farm, English
- Red & green gooseberries, Oak Church Farm, English
- Limelon, Spanish
- Nectarines, Italian & Spanish
- Peaches, Italian & Spanish
- Flat peaches, Italian & Spanish
- Raspberries, Five Ways Farm, English
- Yellow watermelon, Spanish
- Strawberries, Fiveways Farm, English
- Smooth skin zerbini melon, Italian

BEST OF



SALAD

- Baby mixed leaf, Cherry Tree Farm, English
- Borage flowers, Nurtured in Norfolk, English
- Chive flowers, Nurtured in Norfolk, English
- Cucumbers, English
- Lovage, English
- Rainbow radish, French
- Broad leaf rocket, Bonizzi, Italian
- Beef heart tomatoes, Italian & French
- Vesuvius tomatoes, Italian

ARRIVING AND DEPARTING



ARRIVING

- Coco beans, French
- Courgette flowers, Cherry Tree Farm, English
- Green walnuts, Kent, English
- Pea flowers, Kent, English
- White peach, French & Spanish
- Rocket flowers, English
- Runner beans, Oakchurch Farm, English



DEPARTING

- Italian bitters (Castle Franco, Treviso, Radicchio)
- Tokyo turnips
- Jersey mids, wares & pearls

WILD FOODS



FROM THE SEA

- Rock samphire
- Marsh samphire
- Sea aster

FORRAGED

- Garlic scapes
- Black mustard
- Blackcurrant leaves
- Fig leaves
- Douglas fir

WILD MUSHROOM

- Morel
- Mousseron
- Girolles
- Australian truffles

JULY TOP INSIGHTS



- English broccoli season has started, switching over from Spanish. However, due to a reduction in growers expect prices to be higher than previous years.
- Due to the recent hot weather, strawberry crops may be affected early June, so if you have any large orders please let us know as soon as possible.
- We're delighted that Bonizzi rocket from Verona, Italy is back in stock. We think it's the best, and we've tasted a few over the years!

WE'D LOVE TO HEAR FROM YOU:



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PRODUCE SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

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