



EST.  2005

FRUIT AND VEGETABLE

MARKET REPORT

08
22

AUGUST 2022

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

AUGUST 2022

Hello,

UK produce is in abundance this month – from tomatoes, cucumbers, berries, damsons, corn and peas – making it a lot easier to eat local food.

We pride ourselves in sourcing the best produce from local growers for maximum freshness, taste and eco-friendliness.

Wishing you all an a-maize-ing August  (sorry, we couldn't resist!)

Best,



BEST OF



VEGETABLES

- Bunched baby vegetables, Rem Fresh, English
- Bobby beans, English
- Broad beans, English
- Borlotti beans, Italian
- Watercress, English
- Coco de Paimpol beans, French
- Corn on the cob, English
- Kohlrabi, Portwood, English
- New season garlic, French
- Runner beans, Oakchurch, English
- Cucumbers, English

BEST OF



FRUIT

- Apricots, Italian & Spanish
- Blackberries, English
- Charentais melon, French
- Red & green gooseberries, Wye Valley, English
- Mirabelle, French
- Blood nectarines, Spanish
- Blood peaches, Italian, French & Spanish
- Raspberries, Five Ways Farm, English
- Strawberries, Fiveways Farm, English
- Blackberries, English
- White peaches, Spanish
- Zerbinati melon, Italian
- Cob nuts, English
- Black figs, Provence, French



SALAD

- Baby mixed leaf, Cherry Tree Farm, English
- Rocket, Bonizzi, Italian
- Vesuvius tomatoes, Italian
- Provence tomatoes, French
- Rocket flowers, English & French
- Courgette flowers, Cherry Tree Farm, English
- Italian basil, Genoa, Italian
- Pea flowers, English
- Red baby gem, G's Farm, English

ARRIVING AND DEPARTING



ARRIVING

- Greengages, Reine Claude, French
- Damsons, English
- Discovery apples, English
- Sloe berries, English
- Charlotte potatoes, French
- Mirabelle plums, French
- Muscatel grapes, Italian
- Victoria plums, English
- Summer squash, English



DEPARTING

- Almons, French
- Peas, English
- Cherries, English
- Jersey potatoes, English

WILD FOODS



FROM THE SEA

- Marsh samphire (Root on)
- Sea aster
- Sea purslane
- Sea orache
- Sea Arrow-grass

FORRAGED

- Blackcurrant leaves
- Fig leaves
- Douglas fir
- Crab apples
- Green walnuts

WILD MUSHROOM

- Morels
- Scottish Girolles
- Australian truffles
- Puffball
- Chicken of the woods

■ AUGUST TOP INSIGHTS



- Greengages are due in stock this month. Grown in Toulouse France, the Reine Claude variety yields great tasting fruit and is always worth the wait!
- Delicious runner beans are now arriving daily from Oakchurch farm in Herefordshire.
- **Make sure you order the last of the English corn-on-the-cob. Available now until the end of summer.**

■ COUNTY SUPPLIES NEWS



Fresh Produce Awards, 2022.

We're absolutely thrilled to be selected as a finalist in the 'Foodservice Supplier of the Year' category. We can't wait for the 2022 Awards on Friday 16th September at the JW Marriott Grosvenor House. Good luck to all the finalists!



■ WE'D LOVE TO HEAR FROM YOU:



- enquiries@countysupplies.com
- UK: 0207 7203160

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PRODUCE

SOURCED FROM THE BEST

BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

[COUNTYSUPPLIES.COM](https://countysupplies.com)

