

## **COUNTY SUPPLIES**

HAND PICKED. HAND DELIVERED.

NOVEMBER 2022

Hello,

To celebrate Guy Fawkes night this weekend, why not add a splash of colour to your menus with orange, purple, white and yellow British rainbow carrots along with some red and candy organic beetroot.

Who needs fireworks! \*\*



Happy November,



**BEST OF** 



#### **VEGETABLES**

- · Hispi cabbage, Portuguese
- · Brussel sprout tops, James Heyes & Sons, English
- · Brussel sprouts, James Heyes & Sons, English
- Golden, candy & red beetroot, Royal Oak Farm, English
- · Cavolo nero cabbage, Royal Oak Farm, English
- · Chantenay carrots, Royal Oak Farm, English
- · Romanesco, French & English
- · Leafy celeriac, French
- · Lautrec garlic, French

- · Sandy carrots, French
- · Purple kale, Molyneux, English
- · Fenland celery, G's Farm, English
- Squashes, Bedlam Farm, English
- · Parsnips, Royal Oak Farm, English
- · Swiss chard, French
- · Bunched rainbow carrots, Paget Farm, English
- · Red & blue meat radish, French

#### **BEST OF**



#### **FRUIT**

- Russet apples, English
- Bergamot oranges, Italian
- Budda's hand, Spanish
- · Comice pears, English
- Leafy clementines, Spanish & Italian

- Miyagawa, Italian
- Strawberries, Belgium & Dutch
- · Satsumas, Spanish
- Pomegranates, Italian & Spanish
- Quince, Turkish & French



#### SALAD

- · Castel franco, Italian
- · Tardivo, Italian
- · Grumolo, Spanish
- · Watercress, Chalk Farm, English

- · Spring onions, Egyptian
- · Heirloom tomatoes, French
- · Marinda winter tomatoes, Italian

#### ARRIVING AND DEPARTING



#### **ARRIVING**

- · Persimmon, Italian
- · Tokyo turnips, Italian
- · Cicorino, Italian
- · Kalettes, Molyneux, English



#### **WILD FOODS**



#### FROM THE SEA

- Sea purslane
- Rock samphire
- Sea beet
- · Fresh Scottish & Cornish seaweeds

#### **FORRAGED**

- Sloes
- Rosehips
- Medlar
- · Crab apples

#### WILD MUSHROOM

- White truffle
- · Autumn English truffle
- European girolles
- Swiss Pied de Mouton
- · Swiss & French Trompette
- · Grey & yellow Chanterelle

#### NOVEMBER TOP INSIGHTS



Over the past two months, the price of eggs has rapidly increased and our supply has decreased due to the following three factors:

- The war in Ukraine has caused the price of energy and feed to increase for farms. As a result, many farms have been unable to replace and rear egg producing chicks, causing a shortage across the UK and Europe.
- Last week, one of the biggest colonies which houses over 300,000 birds was hit with bird flu fuelling an even larger shortage.
- We rely on farms having surplus eggs, as our suppliers often have large contracts with the major supermarkets. While we are currently working incredibly hard to get new contracts in place, many farms are only able to supply the major retailers due to the current shortage in supply.

#### COUNTY SUPPLIES NEWS



As we head into the busy festive season, please remember to place your orders as early as possible – especially prep orders – to avoid potential supply issues and to meet your delivery windows.

To fulfil increasing demand, we are implementing a 6pm cut-off time for next day delivery on dairy and dry goods from 1st November. Moving forward, we kindly ask that you now place your dairy and dry goods orders by 6pm for delivery the next day.

#### **WE'D LOVE TO HEAR FROM YOU:**



- · enquiries@countysupplies.com
- UK: 0207 7203160

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# PRODUCE SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve their flavour and delicate quality for longer.

COUNTYSUPPLIES.COM



