

FOODSERVICE SUPPLIER OF THE YEAR

by
**FRESH
AWARDS**
FPC
TWENTY2



EST.  2005

FRUIT AND VEGETABLE

MARKET REPORT

02
23

FEBRUARY 2023

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.



FEBRUARY 2023

Hello,

February isn't known for its great weather but look closer, its more action-packed than you think.

This month, we're looking forward to tossing pancakes and celebrating Valentine's Day. The perfect day to book a romantic table or cook for someone special.

And why not bake an apple crumble? These delicious Braeburn apples from Grove Hurst Farm are some of the best tasting apples around. Great for juicing, baking and, of course, eating fresh off the tree.

There are also a few treats in the imported fruit section including fresh Seville oranges if you fancy making some marmalade!



Best,
The County Supplies Team





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COUNTY SUPPLIES

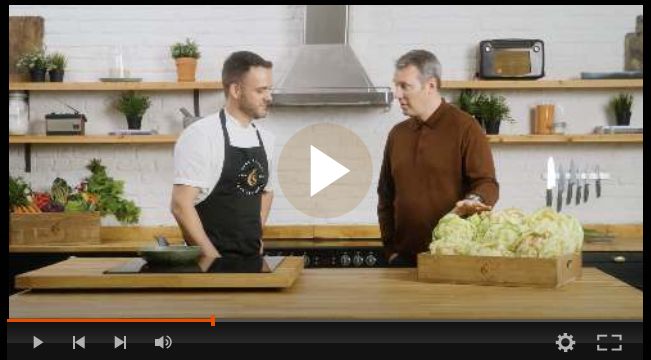
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THE MARKET CHEF

Introducing the new Market Chef series – a celebration of how to cook with the best seasonal produce, working with some amazing chefs.

With a repertoire ranging from Michelin star fine dining to rustic cuisine, we couldn't wait to partner with one of our favourite chefs, Ryan Safford.

Packed full of fruit and vegetable inspiration, watch out for some delicious menu ideas and top chef tips.



WATCH OUR VIDEOS

THE BEST OF

VEGETABLES



- ◆ **Jerusalem artichokes**
Doddington Farm, English
- ◆ **Cavolo nero**
English
- ◆ **January King cabbage**
English
- ◆ **Calcot onions**
Spanish
- ◆ **Green & purple kale**
English
- ◆ **Parsnips**
Royal Oak Farm, English
- ◆ **Swiss chard**
Italian
- ◆ **Tokyo turnips**
Italian
- ◆ **Mammole artichokes**
Italian
- ◆ **Cardoon**
Italian
- ◆ **Cime Di Rapa**
Italian
- ◆ **Celeriac**
French
- ◆ **Tropea onions**
Italian
- ◆ **Monks beard**
Italian
- ◆ **Swede**
Scottish

THE BEST OF

FRUITS



- ◆ **Braeburn apples**
Grove Hurst Farm
- ◆ **Buddha's Hand**
Asian
- ◆ **Bergamot orange**
Italian
- ◆ **Kent mango**
Brazil
- ◆ **Piel de Sapo melon**
Spanish
- ◆ **Blood oranges**
Italian
- ◆ **Seville oranges**
Spanish
- ◆ **Pomegranates**
Italian
- ◆ **Quince**
Turkish & French
- ◆ **Forced rhubarb**
English
- ◆ **Gariguette Strawberries**
French
- ◆ **Fraise des bois**
French

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THE BEST OF

SALAD



◆ **Castelfranco**

Italian

◆ **Grumolo**

Italian

◆ **Tardivo**

Italian

◆ **Radicchio**

Italian

◆ **Friseline lettuce**

Italian

◆ **Batavia lettuce**

Italian

◆ **Fiorentino tomatoes**

Italian

◆ **Rose radicchio**

Italian

ARRIVING



◆ **Finger limes**

Australian

◆ **Sea Beet**

Scotland

◆ **Passé Crassane Pears**

French

◆ **Chicoria**

Spanish

DEPARTING



◆ **Strawberries**

Egypt

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THE BEST OF

WILD FOODS



FORAGED / FROM THE SEA

- ◆ Sea purslane
- ◆ Fresh Cornish seaweeds
- ◆ Salty fingers
- ◆ Juniper branches

WILD MUSHROOM

- ◆ Chanterelle
- ◆ Pied De Mouton

FEBRUARY

TOP INSIGHTS



- ◆ We're pleased to be stocking tasty black garlic pastes and purees from Jackie Kennedy in Norfolk.

Made lovingly in small batches, they have a rich, balsamic-like sweetness with hints of dried prunes and liquorice.



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PRODUCE

SOURCED FROM THE BEST

BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again. We source locally to keep food miles low and maintain the right temperature for our products to **preserve their flavour and delicate quality for longer.**



WE'D LOVE TO HEAR FROM YOU:

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