

FOODSERVICE SUPPLIER OF THE YEAR

by  
**FRESH**  
**AWARDS**  
FPC  
TWENTY2



EST.  2005

FRUIT AND VEGETABLE

**MARKET REPORT**

03  
23

MARCH 2023

EST.



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# COUNTY SUPPLIES

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## MARCH 2023

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Feeling a bit low and craving some Spring sunshine? Well, you might like to try some 'white gold' French asparagus which is grown under the soil and never sees the light of day. It's not all bad though as this is what gives white asparagus its delicate sweet taste!

It's not been the best month for fresh produce. After the bad weather in Spain and North Africa, coupled with ongoing supply chain issues and rising energy prices, we're seeing lower crop yields and higher prices.

And it's not just peppers, tomatoes, salad and cucumber crops that have been affected. Normally, we'd be enjoying the best of purple sprouting broccoli and British cauliflowers this month but due to poor weather they have also been wiped out. There is limited supply on the market and the quality is questionable.

We're hoping things will start to improve over the next month but please get in touch if you would like our help changing or planning new menus. We're very happy to suggest alternative produce lines.



Best,  
The County Supplies Team





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**COUNTY SUPPLIES**

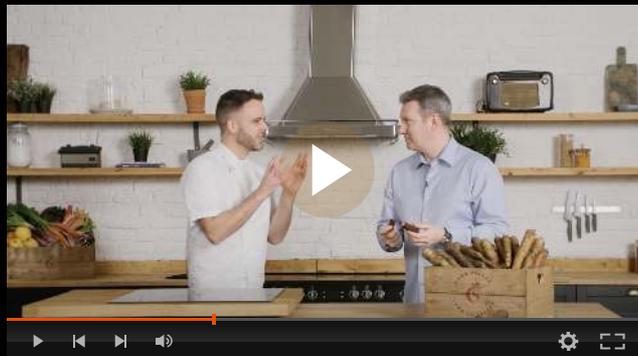
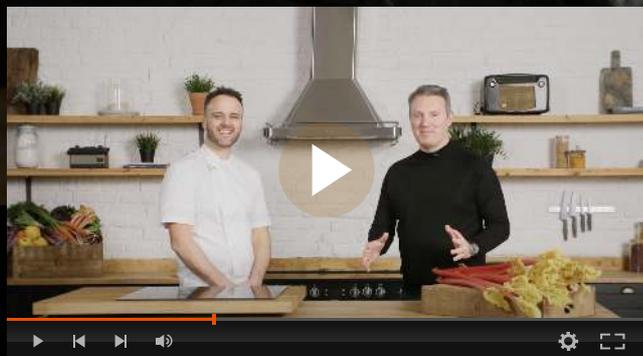
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# THE MARKET CHEF

Introducing the new Market Chef series -- a celebration of how to cook with the best seasonal produce, working with some amazing chefs.

With a repertoire ranging from Michelin star fine dining to rustic cuisine, we couldn't wait to partner with one of our favourite chefs, Ryan Safford.

Packed full of fruit and vegetable inspiration, watch out for some delicious menu ideas and top chef tips.



**WATCH OUR VIDEOS**

THE BEST OF

## VEGETABLES



- ◆ **White & green asparagus**  
French & Spanish
- ◆ **Golden, candy & red beetroot**  
Royal Oak Farm, English
- ◆ **Celeriac**  
French & Belgian
- ◆ **January King cabbage**  
English
- ◆ **Wet garlic**  
French
- ◆ **Green & purple kale**  
English
- ◆ **Kohlrabi**  
Dutch
- ◆ **Monks beard**  
Italian
- ◆ **Puntarella**  
Italian
- ◆ **Savoy cabbage**  
French
- ◆ **Salsify**  
French
- ◆ **Tokyo turnips**  
Italian
- ◆ **Broad beans**  
Italian
- ◆ **Peas**  
Italian
- ◆ **Cavolo nero cabbage**  
Portuguese
- ◆ **Crapaudine beetroot**  
French
- ◆ **Green, red & blue meat radishes**  
French
- ◆ **Forced rhubarb**  
English

THE BEST OF

## FRUITS



- ◆ **Finger limes**  
Australian
- ◆ **Muscat grapes**  
South African
- ◆ **Kent mango**  
Peruvian
- ◆ **Tarocco blood oranges**  
Italian
- ◆ **Nardicot**  
Moroccan
- ◆ **Passé Crassane pears**  
French
- ◆ **Pomegranates**  
Turkish
- ◆ **Pomelo**  
Asian
- ◆ **Garigquette strawberries**  
Portuguese & French
- ◆ **Fraise des bois strawberries**  
French

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# SALAD



◆ **Castelfranco**

Italian

◆ **Chicoria**

Spanish

◆ **Friseline lettuce**

Italian

◆ **Batavia lettuce**

Italian

◆ **Tardivo**

Italian

◆ **Radicchio**

Italian

◆ **Rose radicchio**

Italian

◆ **Salanova lettuce**

Spanish

◆ **Grumolo**

Italian

## ARRIVING



◆ **Wild garlic**

English

◆ **Sea kale**

Scottish

◆ **Yellow beans**

Italian

◆ **Périgord black truffle**

French

## DEPARTING



◆ **Winter truffles**

◆ **Seville oranges**

◆ **Bergamot lemons**

◆ **Variegated kale**

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THE BEST OF

# WILD FOODS



## FORAGED

- ◆ Dulce
- ◆ Rock samphire
- ◆ Sea purslane
- ◆ Salty fingers

## WILD MUSHROOM

- ◆ Cultivated morels
- ◆ Pied de Mouton
- ◆ Scarlet elf caps
- ◆ Cèpe

## FROM THE SEA

- ◆ Three cornered garlic
- ◆ Scots pine
- ◆ Juniper branches



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MARCH

## TOP INSIGHTS



As you've no doubt seen in the news, Spain and North Africa have both been suffering from unusually cold weather. In Morocco crops have been affected by floods, while storms have led to ferries being delayed or cancelled.

This combined with ongoing UK supply issues and rising energy costs, has resulted in produce line shortages and increasing prices.

**Please speak to us if you require any assistance with menu changes. We will of course substitute products where possible and continue to monitor prices on a daily basis.**

MARCH

## COUNTY SUPPLIES NEWS



We're pleased to retain our **BRC AA accreditation** for storage and distribution.

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# PRODUCE

## SOURCED FROM THE BEST

### BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again. We source locally to keep food miles low and maintain the right temperature for our products to **preserve their flavour and delicate quality for longer.**



WE'D LOVE TO HEAR FROM YOU:

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[countysupplies.com](http://countysupplies.com)

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