



EST.  2005

FRUIT AND VEGETABLE

MARKET REPORT

OCTOBER 2022

EST.



2005

COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.

OCTOBER 2022

■ Hello,

We were absolutely thrilled to be crowned Foodservice Supplier of the Year at the FPC Fresh Awards on 16th September.

The fresh produce industry has been through a tough two years which makes these awards, and this award in-particular, so special.

A HUGE THANK YOU to the entire CS team.

ROBERT HURREN
MANAGING DIRECTOR

■ **BEST OF**



VEGETABLES

- Squashes, Bedlam Farm, English
- Beetroot – golden, white, candy & red, Royal Oak Farm, English
- Sandy Carrots, French
- Cavolo nero, Royal Oak Farm, English
- Leafy celeriac, French
- Fenland celery, English
- Chervil root, French
- Cime di rapa, Italian
- Hispi cabbage, Shutterton Farm, English
- Jerusalem artichokes, French
- Parsley root , French
- Puntarella, Italian
- Pumpkin, French
- Ratte potato, French
- Romanesco, French & English

BEST OF



FRUIT

- Cox apples, MJ Eastwood Farm, English
- Royal Gala apples, MJ Eastwood Farm, English
- Bergamot orange, Italian
- Figs, French & Turkish
- Osteen Mango, Spanish
- Miyagawa, Italian
- Comice pears
- Willam pears, French
- Plums, Portuguese & Italian
- Quince, Turkish & French
- Strawberry grape, Italian



SALAD

- Castelfranco, Italian
- Lollo Rossa lettuce, Betts Farm, English
- Oak leaf lettuce, Betts Farm, English
- Lolo Biondi lettuce, Betts Farm, English
- Heritage tomatoes, French
- Watercress, Chalk Farm, English
- Cybele chicory, French

ARRIVING AND DEPARTING



ARRIVING

- Chestnuts in husk, French & Italian
- Lautrec garlic, French
- Medlar, English
- Sharon fruit, Italian
- Marina winter tomatoes, Italian



DEPARTING

- Runner beans, English
- Strawberries & raspberries, English
- Salad crop, English
- Corn on the cob (loose), English
- Baby vegetables, English
- Damsons, English
- Watermelons, Italian

WILD FOODS



FROM THE SEA

- Sea purslane
- Rock samphire
- Sea kale
- Sea beet

FORAGED

- Medlar
- Crab apples
- Sloe berries

WILD MUSHROOM

- White truffles
- Black autumn truffles
- European ceps
- Scottish Girolles
- Pied de Mouton
- French & Swiss Trompette
- Grey & yellow Chanterelle

■ OCTOBER TOP INSIGHTS



- We are delighted to be stocking Belazu Olives, Pesto & Oils. A great addition to the CS dry store.
- Potato prices are only set to rise. **English farmers are reporting a 50%+ shortage in crops** due to the summer drought, and with rising transport and fertiliser costs it will only push the price further.
- **The plunging UK pound and rising inflation are both driving up the price of imported fresh produce.** For fresh food, inflation swelled to 12.1%, up from 10.5% in August, the highest-ever recorded rate.

■ COUNTY SUPPLIES NEWS



Fresh Produce Awards, 2022.

We were absolutely thrilled to be crowned Foodservice Supplier of the Year, FPC Fresh Awards 2022!



It was great to celebrate the pre-launch of Beder's new cookbook, Eat with Beder, this month.

When Beder asked us to supply all the fresh produce we jumped at the chance.

We are extremely proud to help support their incredible work in mental health and suicide prevention.

Featuring a selection of delicious recipes from some amazing contributors including Steve Bartlett and Dr Julie Smith, it is a great book supporting a very important cause.

■ WE'D LOVE TO HEAR FROM YOU:



- enquiries@countysupplies.com
- UK: 0207 7203160



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PRODUCE

SOURCED FROM THE BEST BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again.

We source locally to keep food miles low and maintain the right temperature for our products to preserve **their flavour and delicate quality for longer.**

[COUNTYSUPPLIES.COM](https://countysupplies.com)

