

FOODSERVICE SUPPLIER OF THE YEAR

by
FRESH
AWARDS
FPC
TWENTY2



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FRUIT AND VEGETABLE

MARKET REPORT 

SEPTEMBER 2023

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SEPTEMBER 2023

Hello!

As summer gives way to Autumn, there is a great assortment of fruit & veg this month. From succulent apples and pears to tasty squashes and courgettes. September is an abundant month for British grown produce.

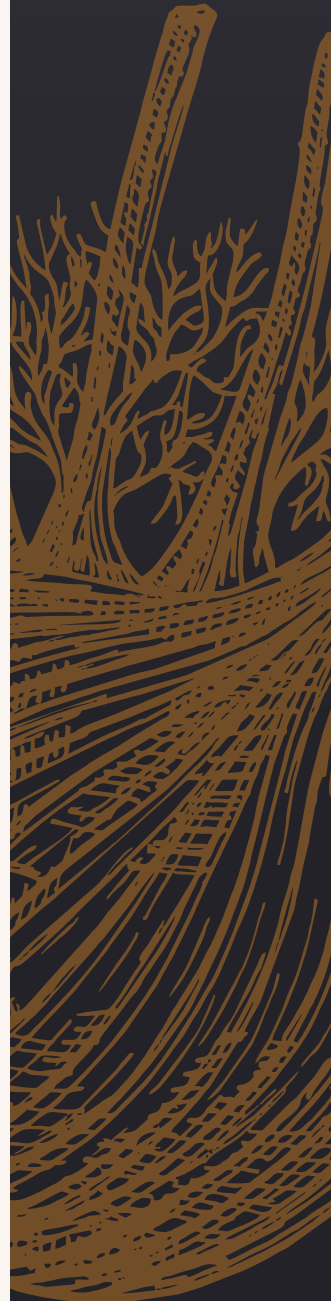
Summer crops such as salads, tomatoes, berries and beans are still plentiful while new autumn crops like apples, pears, squashes and potatoes are now in season.

We're particularly pleased to welcome new season Agria potatoes, our favourite chipping and roasting potato. After a tough couple of months sourcing from different growers, they are now back in stock, with prices starting to level.

Happy September!



Best,
The County Supplies Team





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THE MARKET CHEF

Our *Market Chef* series is a celebration of how to cook with the best seasonal produce.

This month, one of our favourite chefs, Ryan Stafford is doing a pappardelle twist using only the finest organic summer squashes from Bedlam Farm and the last month of summer strawberries, from Fiveways Farm in Essex.

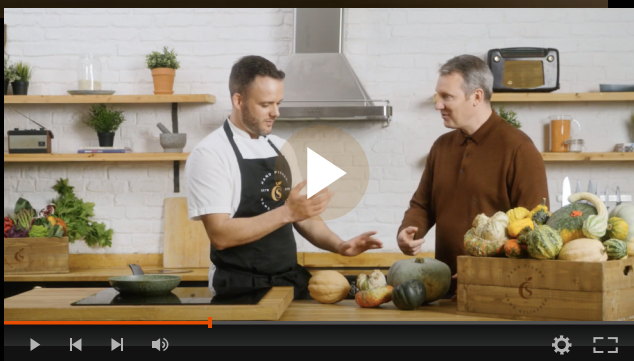
1. Squash Pappardelle

Are you looking to increase your daily veg intake and eat more seasonal, fresh produce? At The Market Chef with Ryan Stafford, we're doing a pappardelle twist using organic Bedlam Farm squashes instead of pasta.

2. English Strawberry Cheesecake with Shortbread & Black Cardamom

To make the most of the last summer strawberries, we're reinventing a seasonal classic – the strawberry cheesecake.

Grown in Sri Lankan coir and under polythene tunnels to protect against the British weather, these strawberries from Fiveways Farm are fresh, juicy and super tasty!



WATCH OUR VIDEOS

THE BEST OF

VEGETABLES



- ◆ **Agria potatoes (new crop)**
English
- ◆ **Baby artichokes**
Bedlam Farm, English
- ◆ **Broccoli**
Windy Ridge, English
- ◆ **Purple sprouting broccoli**
English
- ◆ **Savoy cabbage**
Hundred End Farm, English
- ◆ **Hispi cabbage**
D & J Hayward, English
- ◆ **Chantenay carrots**
English
- ◆ **Globe artichokes**
Bedlam Farm, English
- ◆ **Cobnuts**
English
- ◆ **Borlotti beans**
Italian
- ◆ **Curly kale**
D & J Hayward, English
- ◆ **Black cabbage**
D & J Hayward, English
- ◆ **Radicchio**
D & J Hayward, English
- ◆ **Purple cauliflower**
Windy Farm, English
- ◆ **Romanesco**
Windy Farm, English
- ◆ **Celeriac**
Jack Buck Farm, English
- ◆ **Chervil root**
French
- ◆ **Mixed bunched carrots**
Pagets Farm, English
- ◆ **Pumpkin**
French
- ◆ **Organic summer squashes**
Bedlam Farm, English
- ◆ **Variegated kale**
Molineux Farm, English
- ◆ **Rainbow chard**
Molineux Farm, English
- ◆ **Marrows**
Stanhill Farm, English
- ◆ **Turnips**
French
- ◆ **Watercress**
Hampshire, English

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THE BEST OF

FRUITS



- ◆ **Raspberries**
Fiveways Farm, English
- ◆ **Strawberries**
Fiveways Farm, English
- ◆ **Red & green gooseberries**
Wye Valley, English
- ◆ **Provence black figs**
French
- ◆ **Watermelon**
Italian
- ◆ **Heritage tomatoes**
Westlands, English
- ◆ **Vesuvius tomatoes**
Italian
- ◆ **Green figs**
Italian
- ◆ **Blueberries**
Wye Valley, English
- ◆ **Rhubarb**
Dutch
- ◆ **Windsor apples**
English
- ◆ **Worcester apples**
English
- ◆ **Discovery apples**
English
- ◆ **Blackberries**
Dutch
- ◆ **Damsons**
English
- ◆ **Charentais melon**
French
- ◆ **Greengages**
English
- ◆ **Mirabelle plums**
French
- ◆ **Plums**
English
- ◆ **Nardicots**
South African
- ◆ **Green & white grapes**
Greek
- ◆ **Sloes**
English

THE BEST OF

SALAD & HERBS

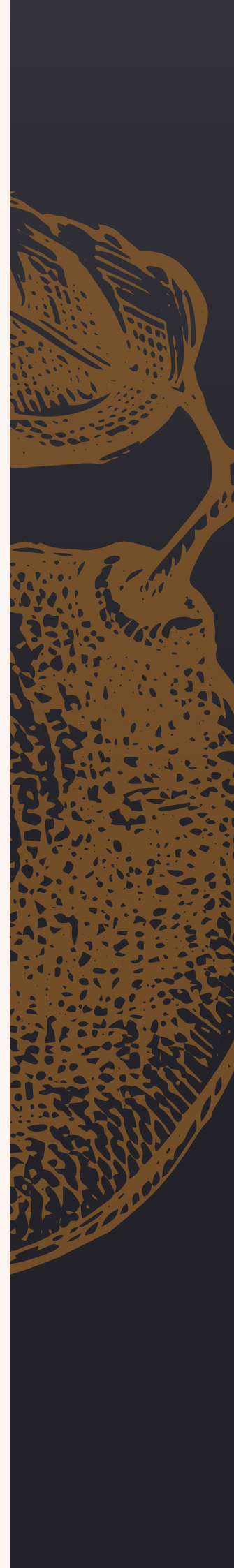


- ◆ **Baby mixed leaf**
G's Farm, English
- ◆ **Coriander root**
Cherry Tree Farm, English
- ◆ **Cos lettuce**
G's Farm, English
- ◆ **Italian basil**
Italian
- ◆ **Red baby gem**
G's Farm, English
- ◆ **Lollo Rosso, Biondi & Oakleaf lettuce**
LJ Betts Farm, English
- ◆ **Rocket**
Italian
- ◆ **Rainbow radish**
French
- ◆ **Lemon verbena**
Italian
- ◆ **Edible flowers**
Nurtured in Norfolk, English

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ARRIVING

- ◆ **Jerusalem artichokes**
French
- ◆ **Crapaudine beetroot**
French
- ◆ **White beetroot**
French
- ◆ **Lychee**
Spanish
- ◆ **Brussel sprouts**
Cooks Farm, English
- ◆ **Mixed chantenay carrots**
Fresh Gro, English
- ◆ **Baby piccolo parsnips**
Fresh Gro, English
- ◆ **Autumn truffles**
Italian
- ◆ **New season turnips**
French
- ◆ **Watermelon radish**
French

DEPARTING

- ◆ **Bunched baby vegetables**
English
- ◆ **Cherries**
English
- ◆ **Corn on the cob**
English
- ◆ **Flat white peaches**
Spanish
- ◆ **Outdoor rhubarb**
English
- ◆ **Courgettes**
English
- ◆ **Apricots**
French
- ◆ **Blood nectarines**
Spanish
- ◆ **Blood peaches**
Spanish, Italian & French
- ◆ **Peaches**
Spanish & French
- ◆ **Nectarines**
Spanish & French
- ◆ **Flat peaches**
Spanish

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THE BEST OF

WILD FOODS



FROM THE SEA

- ♦ Sea purslane
- ♦ Sea aster
- ♦ Dulce
- ♦ Marsh samphire

WILD MUSHROOM

- ♦ Puff ball
- ♦ Pied de Mouton
- ♦ Morels
- ♦ Girolles
- ♦ Porcini cep
- ♦ Trompette
- ♦ Chicken of the Woods
- ♦ Chanterelle

FORAGED

- ♦ Douglas fir
- ♦ Green walnuts
- ♦ Crab apples
- ♦ Medlars



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SEPTEMBER

COUNTY SUPPLIES NEWS



At County Supplies, we always look to source the very best seasonal produce from leading British growers. From crunchy apples in spring to baby leaf during the summer – we're incredibly proud to support British growers.

Through our new series of grower interviews, [which can be read on our website](#), we have sought to capture their stories and passion for how to grow the best seasonal produce. From succulent strawberries to perfect-tasting asparagus spears, learn how today's finest growers maximise flavour and quality, and are working towards building a more sustainable farming future.

We're absolutely thrilled to be nominated as a finalist in this year's **FPC Fresh Awards** for *Best Marketing Campaign* and, for the second year running, *Foodservice Supplier of the Year*.

We can't wait for the Awards Ceremony on Friday 29th September at Marriott Grosvenor House, Park Lane Hotel. Good luck to all the finalists!



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PRODUCE

SOURCED FROM THE BEST

BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again. We source locally to keep food miles low and maintain the right temperature for our products to **preserve their flavour and delicate quality for longer.**



WE'D LOVE TO HEAR FROM YOU:

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