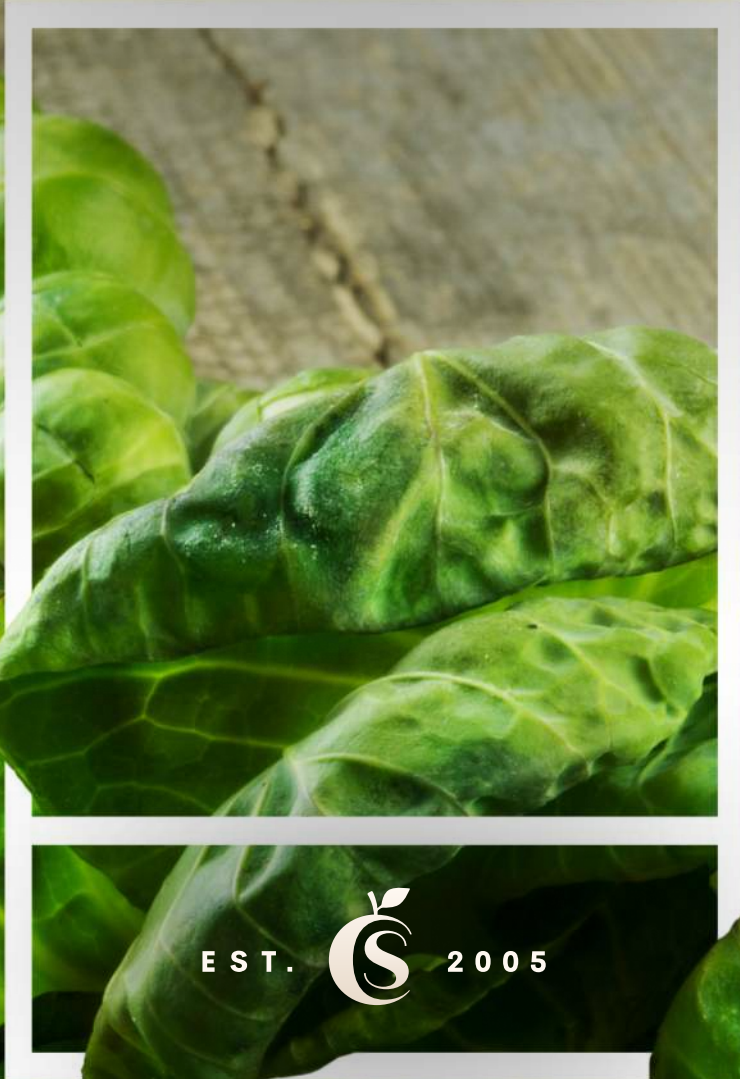


FOODSERVICE SUPPLIER OF THE YEAR '22 & FINALIST '23

by
FRESH
AWARDS



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FRUIT AND VEGETABLE

MARKET REPORT

12
23

DECEMBER 2023 & JANUARY 2024

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COUNTY SUPPLIES

HAND PICKED. HAND DELIVERED.



DECEMBER 2023 - JANUARY 2024

Hello!

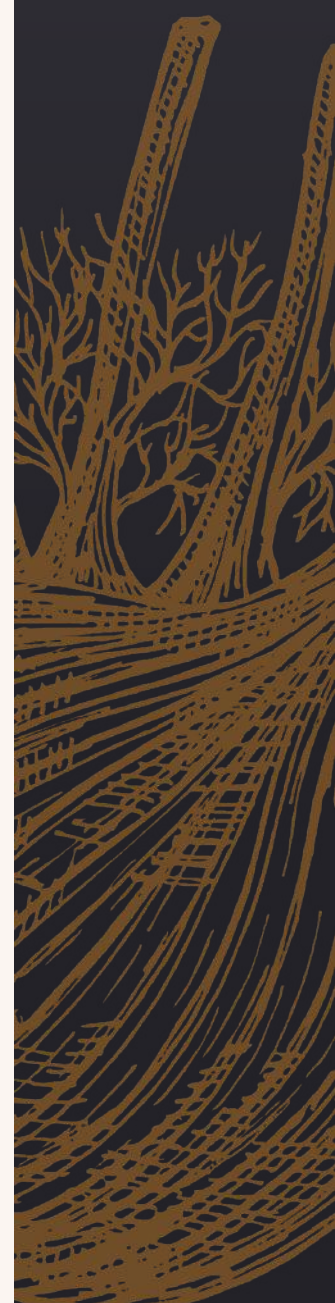
Here at County Supplies, we're gearing up for a busy Christmas period and the warehouse is packed full of seasonal goodies – from tasty sprouts to sweet chestnuts, delicious cranberries and the perfect agria roasting potatoes. Everything you need for the perfect Christmas menu!

Check out our festive Market Chef videos too. Available on our [website](#) and featuring one of our favourite chefs, Ryan Stafford, we're serving up a range of Christmas dishes which are guaranteed to pack a punch and leave your guests wanting seconds! Tune in today and catch us preparing the ultimate roast potatoes with garlic and rosemary, Brussels sprouts with chestnuts and leafy clementines, and a delicious organic parsnip and celeriac bake.

From our family to yours, we wish you a very Merry Christmas & a Happy New Year!



Best,
The County Supplies Team





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THE MARKET CHEF

Our *Market Chef* series is a celebration of how to cook with the best seasonal produce.

This month, one of our favourite chefs, Ryan Stafford is serving up the ultimate Christmas dishes in the form of Agria roast potatoes – crispy, golden and with that all important crunch! – along with glazed festive sprouts.

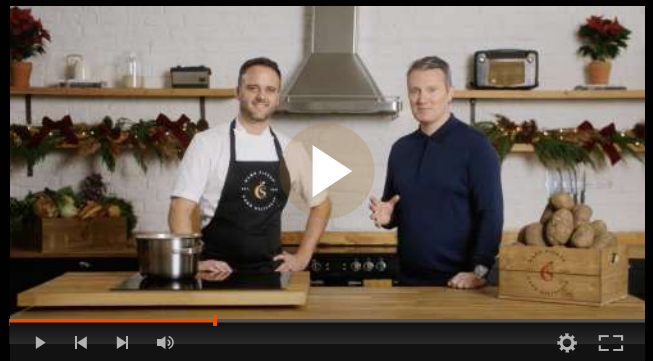
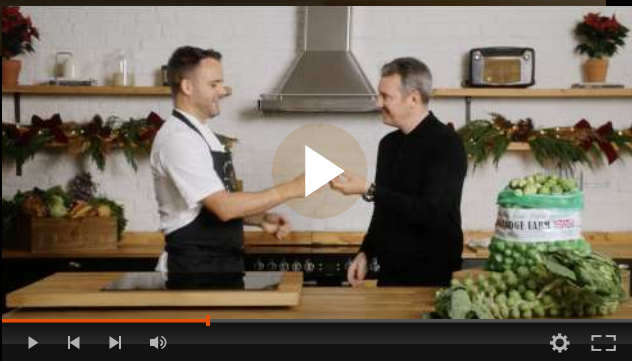
1. Brussel Sprouts with Chestnuts & Leafy Clementines

It's that time of year again...Brussel sprouts are coming to town!

First introduced in the UK during the 18th Century, there are now over 750m individual sprouts eaten during the festive period. We're offering up a twist on the traditional sprout and pairing them with a ginger wine glaze, chestnuts, lemon thyme and seasonal leafy clementines.

2. Roast Potatoes with Garlic and Rosemary

How do you select the perfect spud for your Christmas potatoes? Our top tip – always go for a floury, high starch variety which will help give you that all-important light and fluffy centre. Today, we're using the king of roasting potatoes – the Agria. Spud-ta-cular!



For more seasonal recipe inspiration and top chef tips visit the [County Supplies website](#) where you'll find a wide range of delicious menu ideas from our Market Chef series.

THE BEST OF

VEGETABLES



- ◆ **Agria potatoes**
English
- ◆ **Baby piccolo parsnips**
Fresh Gro, English
- ◆ **Black cabbage**
D & J Hayward, English
- ◆ **Broccoli**
Spanish
- ◆ **Brussels sprouts**
Cooks Farm, English
- ◆ **Brussels stalks**
James Hayes, Scottish
- ◆ **Brussels tops**
James Hayes, Scottish
- ◆ **Chervil root**
French
- ◆ **Cime di rapa**
Italian
- ◆ **Courgettes**
Spanish
- ◆ **Crapaudine beetroot**
French
- ◆ **Crones**
French
- ◆ **Curly kale**
D & J Hayward, English
- ◆ **Fenland celery**
English
- ◆ **Hispi cabbage**
D & J Hayward, English
- ◆ **Jerusalem artichokes**
Doddington Farm, English
- ◆ **Mixed bunched carrots**
Pagets Farm, English
- ◆ **Mixed Chantenay carrots**
Fresh Gro, English
- ◆ **Monks beard**
Italian
- ◆ **Orange Chantenay carrots**
Fresh Gro, English
- ◆ **Organic squashes**
Bedlam Farm, English
- ◆ **Parsley root**
French
- ◆ **Parsnips**
Freemans Farm, English
- ◆ **Pumpkins**
French
- ◆ **Puntarella**
Italian
- ◆ **Purple sprouting broccoli**
English (short supply)
- ◆ **Radish watermelon**
French
- ◆ **Rainbow chard**
D & J Hayward, English
- ◆ **Romanesco**
Bones, English
- ◆ **Salsify**
French
- ◆ **Sandy carrots**
French
- ◆ **Savoy cabbage**
English
- ◆ **Tokyo turnips**
Italian
- ◆ **Turnips (new season)**
French
- ◆ **Variegated kale**
Molineux Farm, English
- ◆ **Watercress**
Alre Farm Hampshire, English



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THE BEST OF

FRUITS



- ◆ **Bergamot**
Italian
- ◆ **Blackberries**
Dutch
- ◆ **Blueberries**
Dutch & South African
- ◆ **Braeburn apples**
English
- ◆ **Buddha's hand**
Asian
- ◆ **Chantecler apples**
French
- ◆ **Clementine with leaf**
French & Spanish
- ◆ **Comice pears**
J.G Piper Farm, English
- ◆ **Conference pears**
J.G Piper Farm, English
- ◆ **Cox apples**
English
- ◆ **Figs**
South American
- ◆ **Green & white grapes**
South American
- ◆ **Heritage tomatoes**
French & Spanish
- ◆ **Kaki persimmon**
Spanish
- ◆ **Kent mango**
Brazilian
- ◆ **Leafy oranges**
Italian
- ◆ **Nardicots**
South African
- ◆ **Pear passé crassane**
French
- ◆ **Plums**
Spanish & Italian
- ◆ **Quince**
Italian & Turkish
- ◆ **Raspberries**
Spanish
- ◆ **Rhubarb**
Dutch
- ◆ **Royal gala apples**
English
- ◆ **Russet apples**
English
- ◆ **Strawberries**
Dutch & Spanish
- ◆ **Watermelon**
Brazilian
- ◆ **Winter tomatoes**
Italian
- ◆ **Yuzu**
Italian



THE BEST OF

SALAD & HERBS



◆ **Baby mixed leaf**

Spanish

◆ **Castelfranco**

Italian

◆ **Cos lettuce**

Spanish

◆ **Cucumbers**

Spanish

◆ **Rainbow radish**

French

◆ **Red baby gem**

G's Farm, Spanish

◆ **Tardivo**

Italian

◆ **Treviso**

Italian

◆ **Wild rocket**

Italian

ARRIVING



◆ **Blood oranges**

Italian

◆ **January King cabbage**

English

◆ **Yorkshire rhubarb**

English

DEPARTING



◆ **Borlotti beans**

Italian

◆ **Coco beans**

French

◆ **White truffles**

Italian

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THE BEST OF

WILD FOODS



FROM THE SEA

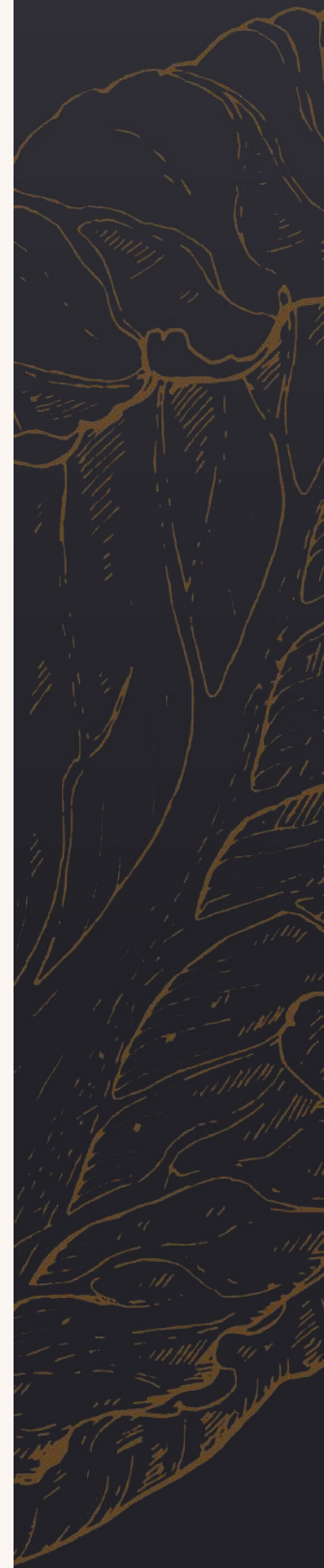
- ◆ **Fresh seaweed**
English & Scottish
- ◆ **Rock samphire**
- ◆ **Salty fingers**
- ◆ **Sea beet**
- ◆ **Sea purslane**

WILD MUSHROOM

- ◆ **Cep**
French & Italian
- ◆ **Chanterelle**
- ◆ **Trompette**
- ◆ **Italian autumn truffles**
- ◆ **Scottish girolles**

FORAGED

- ◆ **Chestnuts**
French & Italian
- ◆ **Juniper branches**
- ◆ **Meddlers**
- ◆ **Scots pine**



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COUNTY SUPPLIES

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DECEMBER & JANUARY

TOP INSIGHTS



As we move into December, we're hoping for a much better supply of root vegetables. Unfortunately, the huge amount of rain we've seen throughout November had a direct impact on growers and their crop supply.

Strawberries should also become more available this month too, as we start to receive supplies from Spain, Morocco and Egypt.

DECEMBER & JANUARY

COUNTY SUPPLIES NEWS



Customer Interviews

Our new interview series looks to showcase our customers and explore their commitment to only using the finest fresh produce.

We launch the series by interviewing Matthew Husband & Luka Seddon from **Proper Brew**, a film and TV catering company, on the inspiration behind Proper Brew, their commitment to creating the best seasonal dishes, and an insight into the famous mouths they've fed over the years!

The Market Chef

Looking for inspiration on how to create the perfect Christmas menu? Working with one of our favourite chefs, Ryan Stafford, our Market Chef series cooks the perfect Christmas Dinner. Catch the highlights [here](#) or find the whole series – all 15 episodes of delicious menu ideas! – on our [website](#).



Welcome aboard, Tim!

We welcome another family member into the County Supplies fold this month. Tim Hurren will take the helm of operations. With his extensive knowledge of London's streets and road network, he's set to make a great addition to the team and we can't wait for him to make his mark in the warehouse!

Customer Orders

Our offices will be closed for Christmas from 9.30am on Saturday 23rd December to Tuesday 26th December. We will re-open for pre orders only on Wednesday 27th and normal deliveries from Thursday 28th to Saturday 30th. We will be closed again on Sunday 31st and Monday 1st January for the New Year. Normal services will resume from Tuesday 2nd January 2024.

Please note: All orders requiring delivery on Wednesday 27th December will need to be placed by 8pm on Thursday 21st December.

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COUNTY SUPPLIES

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PRODUCE

SOURCED FROM THE BEST

BRITISH AND EUROPEAN GROWERS

No matter the season, we've got the right produce for your kitchen. From exotic fruits and vegetables to the essentials, our consistent quality is what brings our clients back again and again. We source locally to keep food miles low and maintain the right temperature for our products to **preserve their flavour and delicate quality for longer.**



WE'D LOVE TO HEAR FROM YOU:

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countysupplies.com

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